Chatham Hall

	Monday 05/03/10	Tuesday 05/04/10	Wednesday 05/05/10	Thursday 05/06/10	Friday 05/07/10	Saturday 05/08/10	Sunday 05/09/10
LUNCH							**BRUNCH**
SOUP	Hearty Vegetable Soup ♥ ▼	Tomato Soup ▼	Cheddar Broccoli Soup ▼	Chefs Choice	Chicken Noodle Soup ♥	Chefs Choice	Chefs Choice
SALAD	Fruit Salad	Orzo Broccoli Salad	Potato Salad	Italian Pasta Salad	Four Bean Salad	Chefs Choice	
DELI BAR	DELI BAR	DELI BAR	DELI BAR	DELI BAR	DELI BAR	DELI BAR	DELI BAR
FRESH FOR YOU	Chocolate Milkshakes	FFY Grilled Cheese			Smoothie Bar ♥ ▼	Chicken Wing Bar	Eggs Quiche Bacon Sausage French Toast Pizza Baked Ziti
CLASSIC ENTRÉE	Chicken Patty Sandwich	Chili Bar ■ ▼	Turkey Cranberry Croissants	Italian Panini	Grilled Chicken Sandwiches	Meatball Subs	
VEGETARIAN ENTRÉE	Vegetarian Chicken Patty ▼ Sandwich	Grilled Cheese Variety ▼ Veggie Chili	Veggie Croissants	Tomato & Brie Panini	Portobello Sandwiches	Grilled Portobello's ♥ ▼	
VEGETABLES & ACCOMPANIMENTS	Roasted Red Potatoes Steamed Carrots ♥ Buttered Lima Beans	Brown Rice ♥ Steamed Greens ♥ Stewed Tomatoes ♥ Corn Chips	Steamed Cauliflower ♥ House Made Chips Cornbread	Sweet Potato Fries Steamed Broccoli ♥	Chips Fresh Veggie Platter Hummus ■ ▼ Pita Chips	Onion Rings Steamed Cauliflower ♥ Sauteed Spinach ♥	
DESSERT	Dessert Bar Frozen Yogurt ■	Banan Pudding Frozen Yogurt ■	Cookies	Peanut Butter Bars	Chocolate Pudding Frozen Yogurt ■	Chefs Choice Frozen Yogurt ■	Granola, Fruit, And Yogurt Frozen Yogurt ■
DINNER							
SOUP	Garden Vegetable Soup ♥ ▼	Tomato Soup ▼	Broccoli Soup ▼	Potato Soup	Chicken Noodle Soup ♥	Chefs Choice	Chefs Choice
SALAD	Caesar Salad					Caesar Salad	
DELI BAR	DELI BAR	DELI BAR	DELI BAR	DELI BAR	DELI BAR	DELI BAR	DELI BAR
FRESH FOR YOU			Sushi (Salad) Bar ♥ ▼				
CLASSIC ENTRÉE	Mexican Beef Casserole	Marinated Drumsticks with Gravy Grilled Tofu	Pork Stir Fry Veggie Stir Fry Ginger Vegetables with Brown Rice ■ ▼	Grilled Flank Steak with Gravy Eggplant & Mushroom ■ ▼	Roasted Rockfish Seafood Sausage Links Spinach Ravioli	Baked Calzone	Mongolian Beef
VEGETARIAN ENTRÉE	Vegetarian Mexican Casserole			Lemon Shrimp ■ over Angel Hair Pasta ♥		Veggie Calzone	Curry Tofu
VEGETABLES & ACCOMPANIMENTS	Spanish Rice Steamed Green Beans ♥	Whipped Sweet Potatoes ▼ Steamed Squash ♥ Broccoli ♥ with Cheese	Rice Bar Steamed Sugar Snaps ♥ Spring Rolls	Baked Potatoes ♥ Steamed Carrots ♥	Wild Rice Mixed Veggies	Himeaid Cheese Sticks Roasted Veggies	Curry Cous-Cous White Rice Gingered Carrots
BREAD	Soft Rolls		Focaccia	Bread Sticks			
DESSERT	CC Cookies	Key Lime Pie Frozen Yogurt ■	Triple Chocolate Pudding Cake Frozen Yogurt ♥	Mint Brownies Frozen Yogurt ■	Dessert Bar Frozen Yogurt ■	Cannoli Frozen Yogurt ■	Frozen Yogurt ■

Vegetarian ▼ Low Fat ♥ Healthier ■

■ Entrees (< 350 cal, < 5 g sat. fat); Soup, Salad, Sides (< 250 cal, < 5 g sat. fat); Baked Goods (< 230 cal, < 5 g fat)

salad bar and fresh fruit always available for lunch/brunch/dinner