Chatham Hall

	Monday 05/17/10	Tuesday 05/18/10	Wednesday 05/19/10	Thursday 05/20/10	Friday 05/21/10	Saturday 05/22/10	Sunday 05/23/10
LUNCH							BRUNCH
SOUP	Potato Soup	Corn Chowder ▼	Hearty Vegetable Soup ♥ ▼	Chefs Choice	Wild Rice Soup ♥ ▼	Chefs Choice	Broccoli Soup ▼
SALAD	Caesar Salad	FFY Spinach Salad Bar ▼	Broccoli & Raisin Salad	Italian Pasta Salad	Waldorf Chicken Salad	Apple Nut & Spinach Salad ▼	Eggplant Salad ▼ Mixed Bean Salad
FRESH FOR YOU		FFY Spinach Salad Bar ▼			Quesadilla Bar ▼		Omelet Bar ▼
CLASSIC ENTRÉE	Grilled Chicken Sandwiches	Italian Panini	Bacon Cheddar Burgers	Hot Dog Bar!!	Cheeseburger Casserole	Texas Toast Triple Grilled Cheese ▼	Honey Glazed Pork Roast ■ Omelet Bar
VEGETARIAN ENTRÉE	Vegetarian Lasagna	Veggie Panini Penne Marinara ♥ ▼	Veggie Burgers ■ ▼ Turkey Burgers ■	Veggie Dogs Turkey Dogs Pretzle Dogs	Boca Burger Casserole	Veggie Patty Sandwiches ▼ Grilled Chicken Sandwich ■	Ginger Sesame Tofu Steaks ■ ▼ Baked Salmon with Dill ■
VEGETABLES & ACCOMPANIMENTS	Tortelini Pasta Steamed Fresh Veggies Bread Sticks	Roasted Potatoes ■ Steamed Snow Peas ♥ Fried Okra	Baked Beans ■ Roasted Green Beans ♥ Waffle Fries	Onion Rings Assorted Fresh Veggies Cole Slaw Hot Dog Chili	White Rice ♥ Steamed Capri Veggies	Steak Fries Steamed Green Beans ♥ Stewed Tomatoes ♥ Hummus ■ ▼ Pita Chips	Au Gratin Potatoes Steamed Corn ♥ Creamed Spinach Warm Chunky Applesauce ♥
DESSERT	Berry Cobbler Frozen Yogurt ■	Cranberry Bread Pudding Frozen Yogurt ■	Cup Cakes	Cookies	MYO Sundae Frozen Yogurt ■	Coconut Cake Fruit & Yogurt Bar ♥ Frozen Yogurt ■	Dirt Pudding Fruit & Yogurt Bar ♥ Frozen Yogurt ■
DINNER							
SOUP	Chefs Choice ♥ ▼	Corn Chowder ▼	Hearty Vegetable Soup ♥ ▼	Potato Soup	Wild Rice Soup ♥ ▼	Chefs Choice	Cream of Broccoli Soup ▼
SALAD	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice
FRESH FOR YOU							
CLASSIC ENTRÉE	Chicken Marsalla	BBQ Pork Ribs	Mediterranean Chicken	Flank Steak Béarnaise Sauce	Fried Shrimp	Fajitas ■ Chicken Fajitas ■	Fried Chicken
VEGETARIAN ENTRÉE	Cheese Manicotti ▼ Mushroom Cream	Minestrone Ragout ▼ over Polenta	Risotto Stuffed Peppers ■ ▼	Blue Cheese & Portobello Ragout over Pasta ■ ▼	Broccoli Cheddar Quiche ▼	Vegetable Fajitas ♥ ▼	Eggplant Cacciatore ♥ ▼
HEATHIER CHOICE					Braised Beef Tips ■	Roasted Fish ■	Marinated Drumsticks ■
VEGETABLES & ACCOMPANIMENTS	Wild Rice Grilled Asparagus Baked Butternut Squash ♥	Gourmet Potato Casserole Cole Slaw Corn On Cobb	Pork Roast ■ Basmati Rice ♥ Steamed Greens ♥ Roasted Cauliflower ♥ Hummus ■ ▼ & Pita Chips	Jalapeno Apple Chutney ♥ ▼ Baked Sweet Potatoes ♥ Steamed Carrots ♥ Broccoli with Lemon Butter Sauteed Mushrooms ■ ▼	Baked Potatoes ♥ Steamed Baby Peas ♥ Roasted Spaghetti Squash ♥ Coleslaw ♥ ▼	Fiesta Rice ♥ ▼ Steamed Corn ♥ Sauteed Spinach ■ Tortilla Chips Hot Queso Dip	Mashed Potatoes Steamed Broccoli ♥ Corn on the Cob ♥ Vegetables ♥ & Dip
BREAD	Wheat Rolls ♥	Parker house Rolls	Focaccia	Camp Style Cornbread		Multi-Grain Bread ♥	Herb Biscuits Parker house Rolls
DESSERT	CC Cookies	Smoors Bars Frozen Yogurt ■	Cobbler Frozen Yogurt ■	Dessert Bar Frozen Yogurt ■	Pecan Bars Frozen Yogurt ■	Frozen Yogurt ■	Chocolate Charlotte Fruit & Yogurt Bar ♥ Frozen Yogurt ■

Vegetarian ▼ Low Fat ♥ Healthier ■

salad bar and fresh fruit always available for lunch/brunch/dinner

■ Entrees (< 350 cal, < 5 g sat. fat); Soup, Salad, Sides (< 250 cal, < 5 g sat. fat); Baked Goods (< 230 cal, < 5 g fat)