Chatham Hall

	Monday 04/26/10	Tuesday 04/27/10	Wednesday 04/28/10	Thursday 04/29/10	Friday 04/30/10	Saturday 05/01/10	Sunday 05/02/10
LUNCH							BRUNCH
SOUP	Potato Soup	Corn Chowder ▼	Hearty Vegetable Soup ♥ ▼	Potato Soup	Wild Rice Soup ♥ ▼		Cream of Broccoli Soup ▼
SALAD	Caesar Salad	FFY Spinach Salad Bar ▼	Broccoli & Raisin Salad	Italian Pasta Salad	Cole Slaw		Eggplant Salad ▼ Mixed Bean Salad
FRESH FOR YOU	FFY Caesar Salad	FFY Spinach Salad Bar ▼			FFY Quesadilla Bar ▼		Omelet Bar ▼
CLASSIC ENTRÉE	Grilled Chicken Strips	Chicken Patty Sandwiches	Pizza Buffet!	Hot Dog Bar!!	Pork BBQ Chicken BBQ Boca BBQ	Fried Chicken Han Biscuits Potato Salad Broccoli Orzo Salad Fresh Veggie Tray Mix Greens Salad	Honey Glazed Pork Roast ■ Quiche Ginger Sesame Tofu Steaks ■ ▼ Baked Salmon with Dill ■
VEGETARIAN ENTRÉE	Veggie Lasagna Tortelini Pesto Pasta	Portobello Sandwiches	Veggie Pizza Peperoni Pizza White Pizza	Veggie Dogs Turkey Dogs Corn Dogs			
VEGETABLES & ACCOMPANIMENTS	Bread Sticks	Roasted Potatoes ■ Steamed Snow Peas ♥ Cornbread	Mozzarella Sticks	Onion Rings Assorted Fresh Veggies Cole Slaw Hot Dog Chili	White Rice ♥ Steamed Capri Veggies Baked Beans		Au Gratin Potatoes French Toast Warm Chunky Applesauce ♥
DESSERT	Berry Cobbler W/ Ice-cream	Cranberry Bread Pudding Frozen Yogurt ■	Cookies	Rice Krispy Treats	MYO Sundae Frozen Yogurt ■	Cup Cakes	Dirt Pudding Fruit & Yogurt Bar ♥ Frozen Yogurt ■
DINNER							
SOUP	Black Bean & Rice Soup ♥ ▼	Corn Chowder ▼	Hearty Vegetable Soup ♥ ▼	Potato Soup	Wild Rice Soup ♥ ▼		Cream of Broccoli Soup ▼
SALAD	Chefs Choice	Chefs Choice	Chefs Choice	Tossed Salad	Chefs Choice	Dinner In Niche	Chefs Choice
FRESH FOR YOU							
CLASSIC ENTRÉE	Roasted Turkey	BBQ Beef Ribs	Chicken Divan	Chicken Marsala	Braised Beef Tips ■	Dinner In Niche	Shrimp Stir-Fry
VEGETARIAN ENTRÉE	Ravioli W/ Pesto Sauce Mushroom Cream	Minestrone Ragout ▼ over Polenta	Cous-Cous Stuffed Peppers ■ ▼	Stuffed Tomatoes	Mushroom Stroganoff		Tofu Stir-Fry
HEATHIER CHOICE		Cajun Catfish ♥ with Remoulade Sauce					Marinated Drumsticks ■
VEGETABLES & ACCOMPANIMENTS	Gravy & Cranberry Sauce ♥ Mac & Cheese Steamed Broccoli ♥ Baked Acorn Squash ♥	Gourmet Potato Casserole Baked Beans ■ Cole Slaw	Basmati Rice ♥ Steamed Greens ♥ Roasted Cauliflower ♥ Hummus ■ ▼ & Pita Chips	Rosted Red Potatoes Asparagus	Baked Potatoes ♥ Steamed Baby Peas ♥ Coleslaw ♥ ▼	Dinner In Niche	Rice Bar Steamed Broccoli ♥ Spring Rolls Vegetables ♥ & Dip
BREAD	Wheat Rolls ♥	Parker house Rolls	Focaccia			Dinner In Niche	Parker house Rolls
DESSERT	CC Cookies	Smoors Bars Frozen Yogurt ■	Cobbler Frozen Yogurt ■	Dessert Bar Frozen Yogurt ■	Frozen Yogurt ■		Fruit & Yogurt Bar ♥ Frozen Yogurt ■

Vegetarian ▼ Low Fat ♥ Healthier ■

salad bar and fresh fruit always available for lunch/brunch/dinner

■ Entrees (< 350 cal, < 5 g sat. fat); Soup, Salad, Sides (< 250 cal, < 5 g sat. fat); Baked Goods (< 230 cal, < 5 g fat)