

Chatham Hall

Monday 04/12/10

Tuesday 04/13/10

Wednesday 04/14/10

Thursday 04/15/10

Friday 04/16/10

Saturday 04/17/10

Sunday 04/18/10

	Monday 04/12/10	Tuesday 04/13/10	Wednesday 04/14/10	Thursday 04/15/10	Friday 04/16/10	Saturday 04/17/10	Sunday 04/18/10	
SOUP	Vegetable Soup	Tortilla Soup	Vegetable Soup	Pumpkin & Rice Soup ■ ▼	Potato Soup	Spinach Lentil Soup ▼	BRUNCH Chefs Choice	LUNCH
SALAD	Spinach Fruit Salad	Seven Layered Salad	Five Bean Salad	Blue Cheese Pasta Salad ▼	Caesar Salad		Mediterranean Tuna Salad Mandarin Romaine Salad with Gorgonzola & Almonds ▼	
DELI BAR	DELI BAR	DELI BAR	DELI BAR	DELI BAR	DELI BAR	DELI BAR		
FRESH FOR YOU						Omelet Bar ▼		
CLASSIC ENTRÉE	Beer Battered Cod	Beef Tacos Chicken Tacos Boca Tacos ▼	Whole Wheat Pizza Buffet	Turkey Pot Pie	Veggie Lasagna	Tuna Melts Chicken Salad Melts Cajun Grits	Swiss Steak/Bacon Scrambled Eggs ▼ Pancake Bar	
VEGETARIAN ENTRÉE	Sweet & Sour Broccoli & Tofu ■ ▼ over Steamed Rice ▼		White Pizza	Veggie Pot Pie	Pesto Tortilini Pasta	Lemon Chicken ▼	Herb Roasted Fish ▼ ▼	
VEGETABLES & ACCOMPANIMENTS	Rosted Red Potatoes Steamed Fresh Veggies Ginger Carrots ▼	Spanish Rice ▼ Refried Beans Homemade Tortilla Chips & Salsa	Mozzarella Sticks Steamed Vegetables	French Fries Steamed Corn ▼ Spinach with Lemon ▼	Corn And Rosted Red Peppers Garlic Bread	Steamed Squash ▼ Sauteed Broccoli ■	Mashed Potatoes Steamed Sugar Snaps ▼ Roasted Butternut Squash ▼	
DESSERT	Frozen Yogurt ■	Sopillias Frozen Yogurt ■	Rice Krispie Treats	Cookies	Brownies, Apricot Bars	Chips & Dip Dessert Bar Frozen Yogurt ■	Fruit & Cheese Bar ■ ▼ Chocolate Chip Banana Bread Fruit & Yogurt Bar ▼ Frozen Yogurt ■	
SOUP	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	DINNER
SALAD	Caesar Salad							
FRESH FOR YOU				Milkshakes!!!			Carved Roasted Pork Loin ■	
CLASSIC ENTRÉE	Meat Loaf	Herb Roasted Chicken ■	Grilled Coulotte Steak	Sheppard's Pie	English Roast	Baked Spaghetti And Meatballs	Roasted Pork Loin ■	
VEGETARIAN ENTRÉE	Veggie Loaf	Pasta Primavera ■ ▼	Ginger Sesame Tofu Steaks ■ ▼	Boca Sheppard's Pie Pie ▼	Spinach Pasta W/ Sundried Tomatoes and Artichokes	Baked Spaghetti ■ ▼		
HEATHIER CHOICE	Turkey Loaf	Greek Bean Bake ■ ▼	Baked Fish ■ Lemon Caper Sauce Buttered Noodles Steamed Cauliflower ▼ Creamy Broccoli Parmesan	Steamed Brussels Sprouts ▼ Roasted Fall Vegetables ▼	Mashed Potatoes Squash Casserol Asparagus Green Beans	Butternut Squash & Barley Stew ▼ ▼	Wild Rice Sesame BBQ Sauce ■ ▼ Chili Cheese Fries Steamed Squash ▼ Creamed Peas & Onions	
VEGETABLES & ACCOMPANIMENTS	Mashed Potatoes Green Peas Gravy	Wild Rice Steamed Green Beans ▼ Squash au Gratin Roasted Mushrooms ■ ▼				Ranch Potatoes Steamed Spinach ▼ Cauliflower Milanese Hummus with Fresh Veggies ■ ▼		
BREAD	Assorted Rolls Bread Sticks	Garlic Cheese Biscuits	Sourdough	Wheat Rolls ▼		French Bread	Cornbread	
DESSERT	CC Cookies	Whoopie Pies Frozen Yogurt ■	Key Lime Pie Frozen Yogurt ■	Milkshakes!!! Frozen Yogurt ■	Frozen Yogurt ■	Pound Cake Frozen Yogurt ■	Dessert Bar Frozen Yogurt ■	

Vegetarian ▼ Low Fat ▼ Healthier ■

■ Entrees (< 350 cal, < 5 g sat. fat); Soup, Salad, Sides (< 250 cal, < 5 g sat. fat); Baked Goods (< 230 cal, < 5 g fat)

salad bar and fresh fruit always available for lunch/brunch/dinner

